

# CHULA VISTA Community Veterans Support Services

## EMPLOYMENT

- **Able-Disabled Advocacy Inc.**

Able-Disabled Advocacy (A-DA) is a non-profit organization founded in 1975 that provides employment and training services to individuals and veterans with all types of disabilities - as rated by the VA - and other barriers to employment. Able-Disabled Advocacy's mission is *"to provide vocational skills training and educational advancement for youth and adults with disabilities and to assist them in finding employment and overcoming barriers to personal and financial self-sufficiency."*

- Website: [www.able2work.org](http://www.able2work.org)

- **TechWORKS**

Advance the skills of IT professionals who have been unable to find employment for the last six months or more. The program is designed to assist these jobseekers by providing advanced training leading to attainment of IT certifications.

- **IT Training** - Training, Certification, Internships, and Employment.
- **Health Care Training** - This course is designed for IT professionals who have experience in IT and who wish to work in a healthcare organization.
- **Electronic Health Records Certificate Program** offered by Alliant International University. Scholarship recipients receive training at no cost.
  - Address: 4283 El Cajon Blvd, Ste. 110 San Diego, CA 92105
  - Phone: 619.231.5990
  - Email: [ada@able2work.org](mailto:ada@able2work.org)

- **Easter Seals, WorkFirst Military & Veterans Services**

Through WorkFirst, Easter Seals Southern California (ESSC) provides employment services, and referral to other resources, for veterans transitioning out of the military and their families as they integrate back into communities to pursue healthy, productive lives.

- Escondido:
  - Address: 401 S. Ivy Street, Escondido, CA 92025
  - Phone: 760.482.2777
  - Email: [cynthia.marinaccio@essc.org](mailto:cynthia.marinaccio@essc.org)
- National City:
  - 22 West 35th Street, Ste 109, National City CA 91950
  - Phone: 619.409.9400
  - Email: [cynthia.marinaccio@essc.org](mailto:cynthia.marinaccio@essc.org)

## HEALTHCARE

### Medical Services:

- **OEF/OIF/OND Care Management**

This is a VA sponsored program serving recently returned combat veterans. Screenings focus on: amputations, catastrophic illness and injury, military sexual trauma, PTSD, severe burns, significant impairment transitioning to civilian life, spinal cord injuries, traumatic brain injuries, and visual impairment. The nearest center to the Chula Vista Public Library is at the VA Chula Vista Community-based Outpatient Clinic (CBOC):

- Address: 835 3<sup>rd</sup> Avenue, Chula Vista, CA 91910
- Phone: 619.409.1600
- An alternate is the VA Mission Valley CBOC at 619.400.5000

- **Physician Advocates for Veterans (PAVE):**
  - **Veteran Advocate.** A non-physician, PAVE Veteran Advocate, retired from military service, is available to be a member of a veteran's health support network. PAVE Veteran Advocates can work together with a veteran's Physician Advocate to better help you understand their healthcare options.
  - **Physician Advocates.** PAVE Physician Advocates are retired physicians who will help veterans become more knowledgeable about their medical condition and how the healthcare system works.
    - Contact PAVE: Diane Romito - Physician/Veteran Liaison Coordinator, [Dianeromito@pave4vets.org](mailto:Dianeromito@pave4vets.org)
      - Mailing Address: 6329 Bunche Way, San Diego, CA 92122
      - Phone: 858.753.5873
      - Website: <http://pave4vets.org>

## **Mental Health Counseling:**

- **Vet Centers of San Diego County.** (<https://www.va.gov/directory/guide/home.asp>)

The mission of the Vet Centers is to provide therapeutic counseling and referral services to facilitate a successful readjustment to civilian life. Nearest center to the Chula Vista Public Library is:

  - Chula Vista Vet Center:
    - Address: 180 Otay Lakes Road, Suite 108, Bonita, CA 91902
    - Phone: 877.618.6534

- **211 San Diego *Courage to Call***

This information link (and working phone number – dial “211”) provides information and access to services for veterans: PTSD support, reintegration services, suicide prevention, counseling, substance abuse, education services, and job training. It is identified as a "24/7 stigma-free and confidential phone service dedicated to connecting people with community, health, and disaster services."

- Phone: 211
- Website: <http://www.211sandiego.org/military-and-veteran-services>

- **The Soldiers Project**

This program was established to provide free psychological services to military personnel who have served during the conflicts in Iraq and Afghanistan. Services are also available to family members. Services include free and confidential counseling.

The Southern California contact information is:

- Phone: 1.877.576.5343
- Website: <http://www.thesoldiersproject.org>

## **Dental Services:**

- The VA has collaborated with Delta Dental and MetLife to allow eligible veterans and their families to purchase affordable dental insurance. Enrollment information can be obtained from:

- Delta Dental
  - Phone: 1.855.370.3303
  - Website: [www.deltadentalvadip.org](http://www.deltadentalvadip.org)
- MetLife

- Phone: 1.888.310.1681
- Website: [www.metlife.com/vadip](http://www.metlife.com/vadip)
- VA Health Benefits Summary
  - Website: [www.va.gov/healthbenefits/vadip](http://www.va.gov/healthbenefits/vadip)

## HOUSING

### Homes (Veterans):

- **CALVET Veterans Homes**

For veterans who are disabled, aged, or homeless.

- Chula Vista:
  - Address: 700 East Naples Court, Chula Vista, CA 91911
  - Phone: 619.482.6010
  - Website: [www.calvet.ca.gov](http://www.calvet.ca.gov)

- **People Assisting The Homeless (PATH) ([www.epath.org](http://www.epath.org))**

PATH is a family of agencies working together to end homelessness for individuals, veterans, families, and communities throughout California. PATH prioritizes housing while providing customized supportive services for people in need. Its agency partners each address homelessness in a different way—supportive services, permanent housing development, support for homeless families, and community engagement—all of which ultimately help the people it serves make it home.

- **Veteran Employment Coordinator** - Meg Y., [megy@epath.org](mailto:megy@epath.org)
  - Address: 1250 6th Ave, San Diego, CA 92101
  - Phone: 619.810.8610

## TRANSITION SUPPORT

- **Disabled American Veterans (DAV)**

Transition Service Office. This non-profit veteran service office can assist the student-veteran as he/she completes needed paperwork to file a "disability" claim with the Department of Veterans Affairs. These claims can provide the veteran with additional monthly compensation and access to VA healthcare for service related disabilities. The DAV periodically uses a mobile service office that brings free services to the community helping veterans identify and request their VA benefits.

- San Diego:
  - Address: 8810 Rio San Diego Drive, Suite 1160, San Diego, CA 92108
  - Phone: 858.689.9637
- MCAS Miramar:
  - Contact: James Galliher (DAV TSO)
  - Address: MCAS Miramar (The Hub) Area 5, MCCS Bldg 5305, Miramar Way, P.O. Box 452005, San Diego, CA 92145-2005
  - Phone: 619.299.6916

- **Veterans Service Offices.**

Local Veterans Service Offices act as advocates for the veteran community helping them and their families obtain the benefits they are due from federal, state, and local sources. They are a part of the County of San Diego and not the federal government. They provide information and referrals for: public assistance, Veterans Affairs medical care, homeless issues, disability transition counseling, and certification of discharge papers (DD-214) for filing claims with the VA. They can assist with non-service connected pensions and death pensions, military records and corrections, decorations

requests, discharge upgrades, vocational rehabilitation, state college tuition fee waivers, Cal-VET loans, VA benefits, veteran and survivor long-term care, disability life insurance and waiver of premiums.

- County Veterans Service Office, Health & Human Services Agency
  - Address: 5560 Overland Ave., Suite 310, San Diego, CA 92123
  - Phone: 858.694.3222

- **Veterans of Foreign Wars (VFW)**

For help with disability claims and identifying benefits:

- Website: <http://www.vfw.org/Assistance/Post-Military-Assistance/>

## **WOMEN VETERANS**

- **CALVET Resources**

CALVET is conducting an outreach program to connect with women veterans who typically are not aware of the federal, state, and local resources available to assist them in California.

- Phone: 916.651.5405
- VA Women's Hotline: 1-855-VA-WOMEN (829-6636)
- Women's Health: [www.womenshealth.va.gov](http://www.womenshealth.va.gov) and [www.benefits.va.gov](http://www.benefits.va.gov)

- **VA Resources**

The following link contains helpful websites for women veterans from the VA:

- Website: <http://www.va.gov/womenvet/docs/cwvHelpfulWebsiteLinks.pdf>

Information on women veteran support services (i.e., employment, homelessness, and military sexual trauma) can be found at:

- Website: <http://www.va.gov/womenvet/resources/index.asp>

## GENERAL

### ○ **211 San Diego**

This information link (and working phone number – dial “211”) provides information and access to services for veterans: PTSD support, reintegration services, suicide prevention, counseling, substance abuse, education services, and job training. It is identified as a "24/7 stigma-free and confidential phone service dedicated to connecting people with community, health, and disaster services."

- Phone: 211
- Website: <http://www.211sandiego.org/military-and-veteran-services>

### ○ **QuickSeries**

A concise guide to benefits for veterans, also available as a mobile phone app.

- App: QuickSeries Mobile
- Website: [www.quickseries.com](http://www.quickseries.com)
- Phone: 1.800.361.4653

### ○ **SeaWorld and Busch Gardens**

Discounted tickets available for veterans.

- Website: [www.wavesofhonor.com](http://www.wavesofhonor.com)

### ○ **San Diego County Library**

The library maintains an active listing of external resources available for veterans. This link also contains information on resource fairs and disability claims services.

- Website: <http://www.sdcl.org/veterans-resources.html>



- **Veterans Connect @ the Library**

Veterans Connect @ the Library is a portal for information on the Veterans Connect @ the Library grant program. Information available includes libraries around California that offer services to Veterans and links to useful tools for Veterans on health, education, housing and employment.

- Website: [calibrariesforveterans.org/](http://calibrariesforveterans.org/)