



Parkway Aquatic Center

385 Park Way, 91910 • (619) 409-1985

<http://www.chulavistaca.gov/goto/swim>



April, May, & June 2018

SWIMMING LESSONS

Open for Registration weekdays 9-11am, 3-7pm, & during scheduled programs

You may also register online or at any Chula Vista Recreation Center

Evening Sessions

2 weeks, Mon-Friday

\$35 resident/\$53 non-res

#4: April 2 - 13th

#5: April 16 - 27th

#6: April 30 - May 11

#7: May 14 - 25th

#8: June 5 - 15th*

#9: June 18 - 29th

*no class June 4 & 11, prorated

Ages:	6 mo -3	2-3 yrs	4-5 yrs	6-16 yrs	6-16 yrs	15+ yrs	3 yrs-Adult
30 Mins/day	Parent & Tot*	Toddler Aquatics*	Preschool Aquatics	Learn to Swim Level 1-4	Swim Clinic** Advanced Level	Adult Lessons \$40 resident \$60 non-res	Privates* Mon/Wed OR Tues/Thurs \$80 resident \$120 non-res
3:25	#7012	#7912	#7112				#7612
4:00				#7214			#7614
4:35		#7916	#7116				#7616
5:10				#7218		#7418	#7618
5:45	#7020		#7120				#7620
6:20				#7222	#7322		#7622

Morning Sessions:

2 weeks, Mon-Friday

\$35 resident/\$53 non-res

#8: June 5 - 15th*

#9: June 18 - 29th

*no class June 4 & 11
price is prorated

30 Mins/day	Parent & Tot*	Toddler Aquatics*	Preschool Aquatics	Learn to Swim Level 1-3	Swim Clinic** Advanced Level	Adult Lessons \$40 resident \$60 non-res	Privates* Mon/Wed OR Tues/Thurs \$80 resident \$120 non-res
9:05				#7202		#7402	#7602
9:40		#7904	#7104				#7604
10:15	#7006		#7106				#7606
10:50				#7208			#7608
11:25				#7210	#7310		#7610

Saturday Sessions

4 weeks, on Saturdays

\$14 resident/\$21 non-res

#B: March 31 - April 21st

#C: April 28th - May 19th

#D: June 9 - 30th

30 Mins/day	Parent & Tot*	Toddler Aquatics*	Preschool Aquatics	Learn to Swim Level 1-3	Swim Clinic** Advanced	Adult \$16 resident \$24 non-res	
10:05				#7290		#7496	
10:40	#7092		#7192				
11:15				#7294		#7494	
11:50	#7096		#7196				

*Children under 4 years old MUST wear a swim diaper regardless of potty training

**Swim Clinic students MUST be able to swim 25 yards crawl stroke and 25 yards backstroke to register

Registration for July, August, & September begins May 7th!



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Spring 2018



Office Open Weekdays 9-11am, 3-7pm, & during scheduled programs

Pool Closures

May 28th - June 4th: Maintenance
June 11th: Staff training
July 4th: Independence Day

*Adult Lap Swim (18+ yrs)

Monday - Friday: 9am - 11am

Saturdays: 10am - 12pm

Fees:

Adult (18+): \$4/swim or \$24/10 swims
Senior (55+): \$3/swim or \$18/10 swims

Open Swim (All Ages)

Summer Break: June 5 - July 17th

Tuesday & Thursday: 12:30 - 3pm

Saturdays: 12:30 - 3:30pm

Fees

Adult (18+): \$4/swim or \$24/10 swims
Senior (55+): \$3/swim or \$18/10 swims
Child (4-17): \$2/swim or \$12/10 swims

Children 3 and under are FREE and
MUST wear a swim diaper

*Silver Splash Water Exercise

Wednesday & Fridays: 9:30 - 10:15am

Fees: \$4/class or \$35/10 classes

Gentle, effective exercises for toning,
strengthening, stretching, and posture improving.
A great choice for persons over 50 or with joint
pain, recovering from injury, or pregnant.
Conducted in shallow water.

FREE Aqua Fun to be Fit (9-14 yrs)

Session #2: June 5-14th OR

Session #3: June 19-28th

Tuesday & Thursdays

#7502 12:30-1:15pm

#7504 1:20-2:05pm

#7506 2:10-2:55pm

This class is part of the award winning Fun to Be Fit Program that is offered **exclusively for Chula Vista Residents**. Students will learn to exercise and have fun in the water. This class is funded by a grant from Kaiser.

Students must be able to swim 15 yards

Junior Lifeguards (9-14 yrs)

June 18 - 29th

Monday, Wednesday, & Fridays

12:15pm-3:15pm

Fees: \$72 residents / \$108 non-resident

Introduction to the water rescue, first aid and life saving techniques that are needed to pursue a career in lifeguarding. No certifications included. Emphasis is placed on developing responsibility, professionalism, work ethic, and fitness. **Must be able to swim 50 yards freestyle.**

FREE Therapeutics Learn to Swim (18+ yrs)

April 6 - June 15th

Fridays: 4:30 - 5:15pm

These classes are funded by a grant to provide services to low/moderate income, special needs/disabled adults. Registrants must complete an intake form and submit proof of disability and income. For more information please call (619) 409-5439

Participants must be water safe and able to stand/walk independently in 3-4 feet of water.

Lap Swim & Water Exercise availability subject to change according to programming