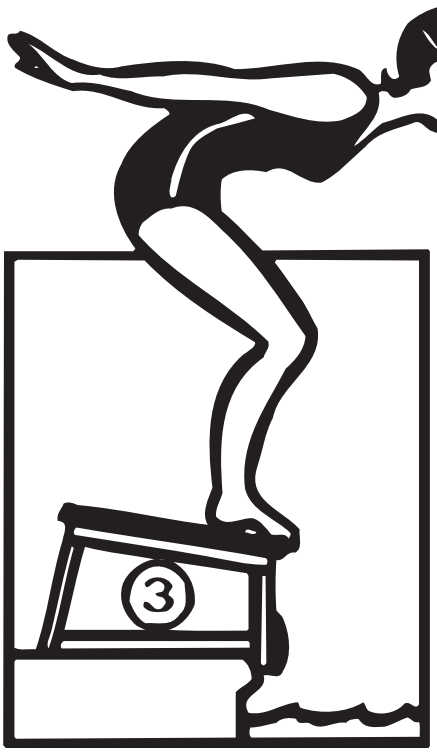
Water Safety Instructor Course

Activity #7910.287



American Red Cross

Parkway Pool
385 Park Way
Chula Vista
For more information
call **(619) 691-5088**

Prerequisite Skills Testing*

The following skills will be evaluated at the Level IV skill level:

1. Demonstrate swimming skills consistent with the Stroke Performance Charts, Level 4, by swimming the following strokes:
   - Front crawl -- 25 yards
   - Back crawl -- 25 yards
   - Breaststroke -- 25 yards
   - Elementary backstroke -- 25 yards
   - Sidestroke -- 25 yards
   - Butterfly -- 15 yards
2. Maintain position on back 1 minute in deep water (float or sculling).
3. Tread water for 1 minute.
4. Proof of years of age by last day of class.

For further information on skills testing contact the Instructor Trainer, Frank Carson, (619) 691 – 5140.

Dates:

Monday, June 21
Tuesday, June 22
Wednesday, June 23
Thursday, June 24
Friday, June 25

8 am - 3:30 pm
(All Days)

COST:
$20 Deposit
(nonrefundable)
Payable to: City of Chula Vista
$70 Class Fee
(After Prerequisite Skills Test)*
Payable to: City of Chula Vista
$70 Materials Fee
Payable to: American Red Cross
These materials MUST be purchased prior to the first day of class. Contact your local American Red Cross for the materials, or call (877) 454-7229 for the location nearest you.

Walk-in Registration
Parkway Pool

Online Registration
www.chulavistaca.gov/rec
Click on "Online Registration" and follow the screen instructions.

CITY OF CHULA VISTA
RECREATION DEPARTMENT