

**COUNCIL POLICY
CITY OF CHULA VISTA**

**SUBJECT. PUBLIC VENDING MACHINES
IN CITY FACILITIES**

**POLICY
NUMBER**

**EFFECTIVE
DATE**

PAGE

840-04

05/23/06

1 of 2

ADOPTED BY: Resolution No. 2006-160

DATED: 05-23-06

AMENDED BY: Resolution No. (date of resolution)

PURPOSE

It is the goal of the City of Chula Vista and in the interest of public health to provide healthy options in all public vending machines located in City of Chula Vista facilities including, but not limited to, parks, community centers, gymnasiums, libraries and any other City of Chula Vista building, structure or complex.

The purpose of this policy is to establish nutritional standards for the food and drinks that are appropriate

For vending to the public at City of Chula Vista facilities and set guidelines for vendors to stock machines.

The nutrition standards are based on standards set by California SB 19, the Pupil Nutrition, Health, And Achievement Act of 2001, SB 12, the School Nutrition Standards, and recommendations from the San Diego Regional Nutrition Network and Healthy Eating, Active Communities, an initiative of the California Endowment.

POLICY

All public vending machines at any City of Chula Vista facility shall meet the following nutrition standards.

1) Beverages: Beverages are limited to a portion size no greater than 12 ounces (no limit on water).
Note: If juices were available in smaller sizes portions (6 ounces), they would be preferred.

A. Beverages offered in each vending machine shall be one or a combination of the following:

- i) Water
- ii) Non Fat or 1% low fat milk (including soy or cow's milk, chocolate or other flavored milk not containing more than 15 grams of added sugar per 250 gram serving or 3 tsp sugar per 1 cup milk)
- iii) 100% fruit/vegetable juice
- iv) Fruit based drinks containing at least 50% juice and no added caloric sweeteners
- v) All other non-caloric beverages, including diet sodas
- vi) Sports Drinks less than or equal to 100 calories

2) Snacks/Foods: Snacks/foods offered in each vending machine shall meet all the criteria in Section A per Individual package:

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A. Criteria per individual package

- i) No more than 250 calories
- ii) Not more than 35% calories from fat with the exception of nuts and seeds; snack mixes and other foods of which nuts are a part must meet the 35% standard
- iii) Not more than 10% of calories from saturated fat
- iv) Not more than 35% total weight from sugar and caloric sweeteners with the exception of fruits and vegetables that have not been processed with added sweeteners or fats
- v) Not more than 360 mg of sodium per serving.

B. At least one item meeting the snack criteria in each vending machine shall also meet the FDA definition of "low sodium" (less than 140 mg per serving)

C. It is recommended that vending machines have items that contain at least 2 grams of dietary fiber

D. It is recommended that snack foods do not contain trans fats added during processing (hydrogenated oils and partially hydrogenated oils)

PROCEDURE

The nutrition standards shall apply as follows:

1) Facilities

All public vending machines in City Of Chula Vista facilities.

- 100% of the contents of the snack vending machines located in these facilities will be required to Meet the nutrition standards.
- 100% of the contents of the drink vending machines located in these facilities will be required to meet the nutrition standards.

2) Implementation

The policy shall be implemented not later than 90 days from the date hereof.