



Loma Verde Spring Swim Lessons

1420 Loma Lane, 91911 • (619) 409-1987
<http://www.chulavistaca.gov/goto/swim>



Spring 1	April 8-18	Monday—Thursday	2 weeks
Spring 2	April 22– May 2	Monday—Thursday	2 weeks
Spring 3	May 6-May 16	Monday—Thursday	2 weeks
Spring 4	May 20-May 31	Mon-Thurs (No class May 27. Make-up May 31)	2 weeks
Spring 5	June 10-20	Monday—Thursday	2 weeks
Spring 6	June 24-July 3	Mon-Thurs (No class July 4. Make-up June 28)	2 weeks

Spring A	April 6-27	Saturdays	4 weeks
Spring B	May 4-June 1	Saturdays (No class May 25)	4 weeks
Spring C	June 15-July 6	Saturdays	4 weeks

<i>Class Title/Age</i>	<i>Season</i>	<i>Time 30 mins/day</i>	<i>Days</i>	<i>Total Classes</i>	<i>Cost</i>
Parent and Tot Swim Lessons Ages: 6mo - 3yrs* *Swim diaper is required	Spring 5,6	10:50-11:20am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	11:15-11:45am	Saturdays	4	\$18 resident / \$27 non-res
Toddler Swim Lessons Ages: 2-3 yrs* *Swim diaper is required	Spring 5,6	9:40-10:10am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	10:50-11:20am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	4:00-4:30pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	10:05-10:35am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	10:40-11:10am	Saturdays	4	\$18 resident / \$27 non-res
Preschool Swim Lessons Ages: 4-5yrs* *Swim diaper is required for children who are not potty trained	Spring 5,6	9:40-10:10am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	10:50-11:20am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	4:00-4:30pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	10:05-10:35am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	10:40-11:10am	Saturdays	4	\$18 resident / \$27 non-res
Youth Swim Lessons Ages: 6-14 yrs Beginning through advanced levels. Students are tested and separated the first day of class.	Spring 5,6	9:05-9:35am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	10:15-10:45am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	11:25-11:55am	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	3:25-3:55pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	4:35-5:05pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday -Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	9:30-10:00am	Saturdays	4	\$18 resident / \$27 non-res
Advanced Youth Swim Lessons Ages: 6-15 yrs Must be able to swim 25 yds. crawl & backstroke	Spring 5,6	9:05-9:35am	Monday -Thursday	8	\$40 resident / \$60 non-res
	Spring 1, 2, 3, 4, 5, 6	4:35-5:05pm	Monday -Thursday	8	\$40 resident / \$60 non-res
Adult Swim Lessons Ages: 15+ yrs	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday -Thursday	8	\$40 resident / \$60 non-res
Private Swim Lessons Ages: *2yrs -Adult *Swim diaper is required for all children under the age of 4 regardless of potty training	Spring 1, 2, 3, 4, 5, 6	3:25, 4:00, 4:35, 5:10, 5:45, or 6:20pm	Mondays & Wednesdays OR Tuesdays & Thursdays	4	\$80 resident / \$120 non-res
	Spring 5,6	9:05, 9:40, 10:15, 10:50, or 11:25am	Mondays & Wednesdays OR Tuesdays & Thursdays	4	\$80 resident / \$120 non-res

Registration for July, August, & September begins May 6th!



Loma Verde Aquatic Center

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Spring 2019

Office open weekdays 11am-1pm, 3-7pm, & during scheduled programs.

You may also register online or at any Chula Vista Recreation Center.

Pool Closures

April 1—Cesar Chavez Day

May 25 -27 — Memorial Day Weekend

June 21-22—Staff Training

*Adult Lap Swim (18+)

Monday—Friday:

11:00am - 1:00pm*

5:00pm-7:00pm*(February only)

4:00pm - 6:00pm*(beginning March)

Adult (18+): \$4/swim or \$24/10 swims

Senior (55+): \$3/swim or \$18/10 swims

*limited lanes/shallow area closed

Open Recreation Swim (All ages)

April 12– September 20:

Fridays: 4-6:30pm (shallow area only)

June 11– July 20 (During Summer Break):

Mondays, Wednesdays, & Fridays: 12:30 - 3pm

Fees:

Adult (18-54): \$4/swim or \$24/10 swims

Senior (55+): \$3/swim or \$18/10 swims

*Child (4-17yrs): \$2/swim or \$12/10 swims

*Children under 4 are FREE and must wear a swim diaper

Water Fitness (18+)

Monday, Wednesday, & Fridays

11:00am - 12:00pm

Class provides cardio, strength training, ab workout, and stretching all to upbeat music. Water takes weight off joints to allow for pain-free movement. Class is conducted in shallow water. No pre-registration necessary.

Fees:

\$4/class or \$35/10 classes

FREE Aqua Fun to be Fit (9-14 yrs)

Session 1: June 10-19

Session 2: June 24-July 3

Mondays & Wednesdays

12:30-1:15pm, 1:20-2:05pm,

or 2:10-2:55pm

This class is part of the award winning Fun to Be Fit Program that is offered exclusively for Chula Vista Residents. Students will learn to exercise and have fun in the water. This class is funded by a grant from Kaiser.

Students must be able to swim 15 yards

Junior Lifeguards (9-14 yrs) at Parkway Pool

June 24 - July 5

Monday, Wednesday, & Fridays

12:15-3:15pm

Fees: \$72 residents / \$108 non-resident

Introduction to the water rescue, first aid and life saving techniques that are needed to pursue a career in lifeguarding. No certifications included. Emphasis is placed on developing responsibility, professionalism, work ethic, and fitness.

Must be able to swim 50 yards freestyle.

FREE April Pool's Day (All Ages)

Saturday, April 20th at Parkway Pool

1:00 - 4:00pm

Kick off Drowning Prevention Month with a free water safety event! Activities include swimming lessons for kids, water safety materials, CPR presentations, life jacket demonstrations, BBQ hosted by Chula Vista Firefighter's Foundation

Pre-register online beginning April 8th!

***Lap Swim availability subject to change according to programming**