



# Parkway Spring Swim Lessons

385 Park Way, 91910 • (619) 409-1985 • <http://www.chulavistaca.gov/goto/swim>

Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

You may also register online or at any Chula Vista Recreation Center.



## Weekdays:

<b>Spring 1</b>	April 8-18	Monday—Thursday	2 weeks
<b>Spring 2</b>	April 22– May 2	Monday—Thursday	2 weeks
<b>Spring 3</b>	May 6-16	Monday—Thursday	2 weeks
<b>Spring 4</b>	May 20-31	Mon-Thurs. No class May 27. Make-up May 31	2 weeks
<b>Spring 5</b>	June 10-20	Monday—Thursday	2 weeks
<b>Spring 6</b>	June 24-July 3	Mon-Thurs. No class July 4. Make-up June 28	2 weeks

## Saturdays:

<b>Spring A</b>	April 6-27	Saturdays	4 weeks
<b>Spring B</b>	May 4-June 1	Saturdays. No class May 25	5 weeks
<b>Spring C</b>	June 8-July 6	Saturdays. No class June 22	5 weeks

Class Title/Age	Season	Time 30 mins/day	Days	Total Classes	Cost
<b>Parent and Tot Swim Lessons</b> <b>Ages: 6mo - 3yrs*</b> *Swim diaper is required	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	10:15am-10:45am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	10:40-11:10am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	11:50am-12:20pm	Saturdays	4	\$18 resident / \$27 non-res
<b>Toddler Swim Lessons</b> <b>Ages: 2-3 yrs*</b> *Swim diaper is required	Spring 1, 2, 3, 4,5,6	3:25-3:55pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4,5,6	4:35pm-5:05pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	9:40-10:10am	Monday-Thursday	8	\$35 resident / \$53 non-res
<b>Preschool Swim Lessons</b> <b>Ages: 4-5yrs*</b> *Swim diaper is required for children who are not potty trained	Spring 1, 2, 3, 4,5,6	3:25-3:55pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4,5,6	4:35pm-5:05pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4,5,6	5:45-6:15pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	9:40-10:10am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	10:15-10:45am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	10:40-11:10am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	11:50am-12:20pm	Saturdays	4	\$18 resident / \$27 non-res
<b>Youth Swim Lessons</b> <b>Ages: 6-14 yrs</b> Beginning through advanced levels. Students are tested and separated the first day of class.	Spring 1, 2, 3, 4,5,6	4:00-4:30pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4,5,6	5:10-5:40pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 1, 2, 3, 4,5,6	6:20-6:50pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	9:05-9:35am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	10:50-11:20am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring 5,6	11:25-11:55am	Monday-Thursday	8	\$35 resident / \$53 non-res
	Spring A, B, C	10:05-10:35am	Saturdays	4	\$18 resident / \$27 non-res
	Spring A, B, C	11:15-11:45am	Saturdays	4	\$18 resident / \$27 non-res
<b>Advanced Youth Swim Lessons Ages: 6-15 yrs</b> Must be able to swim 25 yds. crawl & backstroke	Spring 1, 2, 3, 4,5,6	6:20-6:50pm	Monday-Thursday	8	\$40 resident / \$60 non-res
	Spring 5,6	11:25am-12:20pm	Monday-Thursday	8	\$40 resident / \$60 non-res
<b>Adult Swim Lessons</b> <b>Ages: 15+ yrs</b>	Spring 1, 2, 3, 4,5,6	5:10-5:40pm	Monday-Thursday	8	\$40 resident / \$60 non-res
	Spring 5,6	9:05-9:35am	Monday-Thursday	8	\$40 resident / \$60 non-res
	Spring A, B, C	10:05-10:35am	Saturdays	4	\$20 resident / \$30 non-res
	Spring A, B, C	11:15-11:45am	Saturdays	4	\$20 resident / \$30 non-res
<b>Private Swim Lessons</b> <b>Ages: *2yrs -Adult</b> *Swim diaper is required for all children under the age of 4 regardless of potty training	Spring 1, 2, 3, 4,5,6	3:25, 4:00, 4:35, 5:10, 5:45, or 6:20pm	Tuesday & Thursdays OR Monday & Wednesdays	4	\$80 resident / \$120 non-res
	Spring 5,6	9:05, 9:40, 10:15, 10:50, or 11:25am	Tuesday & Thursdays	4	\$80 resident / \$120 non-res

Registration for July, August, & September begins **May 6th!**



# Parkway Aquatic Center

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## April, May, & June 2019

Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

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### Pool Closures

April 1—Cesar Chavez Day

May 27 — Memorial Day

June 2-7 — Pool Maintenance

June 21-22—Staff Training



### NEW! Polo & Pours (18+)



Saturdays, 10am-12pm

Adult water polo from 10am –12pm and then head to neighborhood brewery for beers after (ages 21+).

**Fees:** \$5.00 drop-in or \$45 for 10

Includes wristband for discount pours at Thr3e Punk Ales

Thr3e Punk is family & dog friendly!

### \*Adult Lap Swim (18+)



**Year round:**

Monday—Friday

9:00 - 11:00am

**April 30-August 1:**

Tuesday & Thursdays

7:00-9:00pm

**Fees:**

Adult (18+): \$4/swim or \$24/10 swims

Senior (55+): \$3/swim or \$18/10 swims

### \*Silver Splash Water Exercise (18+)



Monday, Wednesday, & Fridays

9:30 - 10:15am

Gentle, effective exercises for toning, strengthening, stretching, and posture improving. A great choice for persons over 50 or with joint pain, recovering from injury, or pregnant.

**Fees:**

Adult (18-54): \$4/class or \$24/10 classes

Senior (55+): \$3/class or \$18/10 classes

### \*Open Recreation Swim (All ages)

**April 12– September 20:**

Fridays

4:00-7:00pm

**April 30-August 1:**

Tuesday & Thursdays

7:00-9:00pm



**June 11– July 20 (Summer Break) &**

**Sept 21-October 3 (Fall Break):**

Tuesday, Thursday, & Saturdays

12:30 - 3:00pm

**Fees:**

Adult (18-54): \$4/swim or \$24/10 swims

Senior (55+): \$3/swim or \$18/10 swims

\*Child (4-17yrs): \$2/swim or \$12/10 swims

\*Children under 4 are FREE and must wear a swim diaper

### FREE Aqua Fun to be Fit (9-14 yrs)

Spring 5: June 11-20 or Spring 6: June 25-July 2

Tuesday & Thursdays

12:30-1:15pm, 1:20-2:05pm, or 2:10-2:55pm

This class is part of the award winning Fun to Be Fit Program that is offered exclusively for Chula Vista Residents. Students will learn to exercise and have fun in the water. This class is funded by a grant from Kaiser. Must be able to swim 15 yards



### Junior Lifeguards (9-14 yrs)

Spring 6: June 24 - July 5

Monday, Wednesday, & Fridays 12:15-3:15pm

**Fees:** \$72 residents / \$108 non-resident

Introduction to the water rescue, first aid and life saving techniques that are needed to pursue a career in lifeguarding. No certifications included. Emphasis is placed on developing responsibility, professionalism, work ethic, and fitness. Must be able to swim 50 yards freestyle.

**\*Lap Swim & Silver Splash availability subject to change according to programming**