

BUILDING HEALTHY HABITS IN OUR CHILDREN

THURSDAY, OCTOBER 10, 2019 | 5:15-7:30 PM
CIVIC CENTER LIBRARY
365 F STREET, CHULA VISTA 91910



1 IN 3
SUFFER FROM
OBESITY



1 IN 5
DON'T KNOW
WHERE THEIR
NEXT MEAL IS
COMING FROM

Join us to discuss why our children are suffering from hunger and obesity and how parents, schools and the community can improve the lives of families through better nutrition and physical activity!

RSVP to <https://buildinghealthyhabits.eventbrite.com>

**CLIPS OF THE DOCUMENTARY "A PLACE AT THE TABLE"
PANEL DISCUSSION WITH Q & A
RESOURCES FOR PARENTS
HEALTHY APPETIZERS & DRINKS
CHILDCARE / SPANISH TRANSLATION**



SAN DIEGO COUNTY
CHILDHOOD
OBESITY
INITIATIVE

Working Together to Shape a Healthy Future
Facilitated by Community Health Improvement Partners

