



Parkway Spring Swim Lessons

385 Park Way, 91910 • (619) 409-1985 • <http://www.chulavistaca.gov/goto/swim>

Office open weekdays 9-11am, 3-7pm, & during scheduled programs.



WEEKDAYS, 30 MINUTES/DAY, FOR 2 WEEKS		
Spring 1	April 6-16	Monday—Thursday
Spring 2	April 20– 30	Monday—Thursday
Spring 3	May 4-14	Monday—Thursday
Spring 4	May 18-29	Mon—Thurs. No class May 25. Make-up May 29
Spring 5	June 8-17	Mon—Thurs. No class June 18. Make-up June 12
Spring 6	June 22-July 2	Monday—Thursday

SATURDAYS, 30 MINUTES/DAY			
Spring A	March 28–May 30	Saturdays No class April 18 & May 23	8 classes
Spring B	June 6 – June 27	Saturdays	4 classes

Class Name	Season & #	Time 30 mins/day	Days	Total Classes	Fee
Parent and Tot Swim Lessons Ages: 6mo - 3yrs* *Swim diaper is required NEW! Swim-Fit class info on next page!	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 5,6	10:50am-11:20am	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring A	10:40am or 11:50am	Saturdays	8	\$36 resident / \$45 non-res
	Spring B	10:40am or 11:50am	Saturdays	4	\$18 resident / \$23 non-res
Toddler Swim Lessons. Ages: 2-3 yrs* *Swim diaper is required NEW! Swim-Fit class info on next page!	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	4:35pm-5:05pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 5, 6	9:40-10:10am	Monday -Thursday	8	\$36 resident / \$45 non-res
Preschool Swim Lessons Ages: 4-5yrs* *Swim diaper is required for children who are not potty trained NEW! Swim-Fit class info on next page!	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	4:35pm-5:05pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 5, 6	9:40-10:10am	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 5, 6	10:50-11:20am	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring A	10:40am or 11:50am	Saturdays	8	\$36 resident / \$45 non-res
	Spring B	10:40am or 11:50am	Saturdays	4	\$18 resident / \$23 non-res
Youth Swim Lessons Ages: 6-14 yrs Beginning through advanced levels. Students are tested and separated the first day of class.	Spring 1, 2, 3, 4, 5, 6	4:00-4:30pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 5, 6	9:05-9:35am	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 5, 6	10:15-10:45am	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 5, 6	11:25-11:55am	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring A	10:05am or 11:15am	Saturdays	8	\$36 resident / \$45 non-res
	Spring B	10:05am or 11:15am	Saturdays	4	\$18 resident / \$23 non-res
Advanced Youth Swim Lessons Ages: 6-15 yrs	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday -Thursday	8	\$40 resident / \$50 non-res
	Spring 5, 6	11:25-11:55am	Monday -Thursday	8	\$40 resident / \$50 non-res
Adult Swim Lessons. Ages: 15+ yrs	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday -Thursday	8	\$40 resident / \$50 non-res
	Spring A	10:05-10:35am	Saturdays	8	\$40 resident / \$50 non-res
	Spring B	10:05-10:35am	Saturdays	4	\$20 resident / \$25 non-res
Private Swim Lessons. Ages: *2yrs -Adult 4 half-hour classes *Swim diaper is required for all children under the age of 4 regardless of potty training	Spring 1, 2, 3, 4, 5, 6	3:25, 4:00, 4:35, 5:10, 5:45, or 6:20pm	Monday & Wednesdays OR Tuesday & Thursdays	4	\$80 resident / \$100 non-res
	Spring 1, 2, 3, 4	8:55-9:25am or 10:35-11:05am	Monday & Wednesdays OR Tuesday & Thursdays	4	\$80 resident / \$100 non-res
	Spring 5, 6	9:05, 9:40, 10:15, 10:50, or 11:25am	Monday & Wednesdays	4	\$80 resident / \$100 non-res

Registration for July, August, & September begins May 4th!



Parkway Aquatic Center

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April, May, & June 2020

Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

You may also register online or at any Chula Vista Recreation Center.

Pool Closures

March 31—Cesar Chavez Day

May 25-27 — Memorial Day Weekend

June 18-19—Staff Training

*Adult Lap Swim (18+)

Year-round:

Monday-Friday: 9-11am

June 8-July 18 (Summer break):

Monday—Friday: 9am-12pm

Fees

Adult (18-54): \$4/swim, \$30/10 swims, \$75/30 swims

Senior (55+): \$3/swim, \$20/10 swims, \$55/30 swims

Passes also good at Loma Verde Pool & expire after 6 months

*Open Recreation Swim (All ages)

April 10-Sept. 18:

Fridays 4-7pm

June 8-July 18 (Summer Break):

Tuesday, Thursday, & Saturday: 12:30 - 3pm

Fees

Adult (18-54): \$4/swim, \$30/10 swims, \$75/30 swims

Senior (55+): \$3/swim, \$20/10 swims, \$55/30 swims

Child (4-17): \$2/swim, \$15/10 swims, \$35/30 swims

Children under 4 are FREE and must wear a swim diaper

Passes also good at Loma Verde Pool & expire after 6 months

FREE! Aqua Fun to be Fit (9-14 yrs)

Spring 5: June 9-17

or Spring 6: June 23-July 2

Tuesday & Thursdays

12:30-1:15pm, 1:20-2:05pm, or 2:10-2:55pm

This class is part of the award winning Fun to Be Fit Program that is offered exclusively for Chula Vista Residents. Students will learn to exercise and have fun in the water. This class is funded by a grant from Kaiser.

Must be able to swim 15 yards

NEW! Swim-Fit Parent & Child (2-5 years)

Monday & Wednesdays or Tuesday & Thursdays

9:30am-10:30am

You take a Water Fitness class while your child takes a swim lesson! You get fit, they learn to swim, it's a win-win!

Fees: \$50 resident/\$60 non-res for 2 weeks

Fee includes Swim Lesson for child & Water Fit class for Adult.

Children under 4yrs old must wear a swim diaper.

Spring 1,2,3,4. Session dates on next page

*Water Fitness (18+)

Monday—Friday 9:30am-10:30am

Instructor led class provides cardio, strength training, ab workout, & stretching all to upbeat music.

Class conducted in shallow water.

Fees

Drop in (all ages): \$4.00

10 class pass: \$30 Senior/\$35 Adult

20 class pass: \$50 senior/\$60 Adult

Passes also good at Loma Verde Pool & expire after 6 months



Junior Lifeguards (9-14 yrs)



Spring 6: June 22 - July 3

Monday, Wednesday, & Fridays 12:15-3:15pm

Fees: \$72 residents / \$90 non-resident

Introduction to the water rescue, first aid and life saving techniques that are needed to pursue a career in lifeguarding. No certifications included. Emphasis is placed on developing responsibility, professionalism, work ethic, and fitness. Must be able to swim 50 yards freestyle.



FREE! April Pool's Day (All ages)



Saturday, May 2nd 1:00-4:00pm

FREE Water Safety Event to kick off May as Drowning Prevention Month:

- FREE Swimming Lessons
- FREE Open Swim
- FREE CPR Demonstrations
- FREE BBQ from CV Fire Department

Pre-Register online starting April 1st!

*Open Swim, Lap Swim, & Water Fitness classes availability subject to change according to programming