



Parkway Winter Swim Lessons

385 Park Way, Chula Vista 91910 • (619) 409-1985

<http://www.chulavistaca.gov/goto/swim>



Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

You may also register online or at any Chula Vista Recreation Center.

Weekdays

Winter 1	February 24-March 5	Monday—Thursday	2 weeks
Winter 2	March 9-March 19	Monday—Thursday	2 weeks
Winter 3	March 23-April 3 <i>Spring Break</i>	Monday—Thursday <i>No Class March 31. Make-up April 3</i>	2 weeks

Saturdays

Winter A	February 29-March 21	Saturdays	4 weeks
-----------------	----------------------	-----------	---------

Class Name	Season & #	Time <i>30 mins/day</i>	Days	Total Classes	Fee
Parent and Tot Swim Lessons Ages: 6mo - 3yrs* <i>*Swim diaper is required</i>	Winter 3	10:50-11:20am	Monday -Thursday	8	\$36 resident / \$45 non-res
Toddler Swim Lessons Ages: 2-3 yrs* <i>*Swim diaper is required</i>	Winter 3	10:50-11:20am	Monday -Thursday	8	\$36 resident / \$45 non-res
Preschool Swim Lessons Ages: 4-5yrs* <i>*Swim diaper is required for children who are not potty trained</i>	Winter 1, 2, 3	3:25-3:55pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Winter 1, 2, 3	4:35-5:05pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Winter 3	9:40-10:10am	Monday -Thursday	8	\$36 resident / \$45 non-res
Youth Swim Lessons Ages: 6-14 yrs <i>Beginning through advanced levels. Students are tested and separated the first day of class.</i>	Winter 1, 2, 3	4:00-4:30pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Winter 1, 2, 3	5:10-5:40pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Winter 3	10:15-10:45am	Monday -Thursday	8	\$36 resident / \$45 non-res
	Winter 3	11:25-11:55am	Monday -Thursday	8	\$36 resident / \$45 non-res
Advanced Youth Swim Lessons Ages: 6-15 yrs <i>Must be able to swim 25 yds. Crawl & backstroke</i>	Winter 1,2,3	5:45-6:15pm	Monday -Thursday	8	\$40 resident / \$50 non-res
Adult Swim Lessons Ages: 15+ yrs	Winter 1, 2, 3	5:45-6:15pm	Monday -Thursday	8	\$40 resident / \$50 non-res
	Winter A Saturdays	10:05-10:35am	Saturdays	4	\$20 resident / \$25 non-res
Private Swim Lessons Ages: *2yrs -Adult <i>*Swim diaper is required for all children under the age of 4 regardless of potty training</i>	Winter 1, 2, 3	3:25, 4:00, 4:35, 5:10, or 5:45pm	Monday & Wednesdays	4	\$80 resident / \$100 non-res
	Winter A, Saturdays	10:05, 10:40, 11:15, 11:50am	Saturdays	4	\$80 resident / \$100 non-res

Registration for April, May, & June begins **February 10th!**



Parkway Aquatic Center

385 Park Way, 91910 • (619) 409-1985 • <http://www.chulavistaca.gov/goto/swim>



January, February, & March 2020

Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

You may also register online or at any Chula Vista Recreation Center.

Pool Closures

January 1st—New Years Day

January 20th—Martin Luther King Jr Day

January 27-31—Pool Maintenance

March 31—Cesar Chavez Day

*Adult Lap Swim (18+)

Monday-Friday: 9-11am



Fees

Adult (18-54): \$4/swim, \$30/10 swims, \$75/30 swims

Senior (55+): \$3/swim, \$20/10 swims, \$55/30 swims

Passes also good at Loma Verde Pool

All Passes expire 6 months from purchase date

*Open Recreation Swim (All ages)

March 23— April 4 (Spring Break):

Tuesday, Thursday, & Saturday: 12:30 - 3pm

Fees:

Adult (18-54): \$4/swim, \$30/10 swims, \$75/30 swims

Senior (55+): \$3/swim, \$20/10 swims, \$55/30 swims

Child (4-17): \$2/swim, \$15/10 swims, \$35/30 swims

*Children under 4 are FREE and must wear a swim diaper

Passes also good at Loma Verde Pool

All Passes expire 6 months from purchase date

FREE! Aqua Fun to be Fit (9-14 yrs)

Spring Break: March 24-April 2

Tuesday & Thursdays

12:30-1:15pm, 1:20-2:05pm, or 2:10-2:55pm

This class is part of the award winning Fun to Be Fit Program that is offered exclusively for Chula Vista Residents. Students will learn to exercise and have fun in the water. This class is funded by a grant from Kaiser. Must be able to swim 15 yards

*Water Fitness (18+)

Monday—Friday 9:30am-10:30am

Instructor led class provides cardio, strength training, ab workout, & stretching all to upbeat music.

Class conducted in shallow water.



Fees

Drop in (all ages): \$4.00

10 class pass: \$30 Senior/\$35 Adult

20 class pass: \$50 senior/\$60 Adult

Passes also good for Loma Verde Classes

All Passes expire 6 months from purchase date

Lifeguard Training (15+)

January 2-14th

9am-3pm • Monday—Friday

Course includes all certifications necessary to apply for a job as a City of Chula Vista pool lifeguard.

Starting pay is \$13.82/hour. Certs included:

Lifeguarding, CPR for the Professional Rescuer, AED Essentials, Title 22: First Aid for Public Safety Personnel.

Pre-test on first day:

- 300 yard continuous swim, crawl or breaststroke
- Tread water for 2 minutes using legs only.
- Timed 10 pound brick retrieval from 12 ft. water depth. (1 minute, 40 seconds)

Fees: \$200 Non-refundable

For Scholarship info email kcraig@chulavistaca.gov

Books downloadable at

www.redcross.org/participantmaterials

Must pass pre-test in order to continue with the course. Ensure you can pass the pre-test before registering as fees are non-refundable.

Attendance at all class times is mandatory.

Passing this course does not guarantee a job with the City of Chula Vista.

***Open Swim, Lap Swim, & Water Fitness classes availability subject to change according to programming**